



### **Spiritual Care Is C.A.R.E.**

At Baptist Life Communities we believe that spiritual care is **C**ompassionate, **A**ttentive, **R**espectful and **E**ngaging care.

These four core components of our new Spiritual Formation Program are integrated into everything we do as Chaplains. We desire to be empathetic and responsive when comforting others.

We desire to provide meaningful expressions of encouragement in an ecumenical manner to all traditions and faith groups.

We desire to be engaging, uplifting, and intentional in our efforts to assist with spiritual loneliness, fear, boredom, and grief.

Medical research has shown what Baptist Life Communities has known for over fifty years – an active spiritual life enhances physical, mental, and emotional health.

Continued engagement in spiritual celebrations and religious practices promote wellness and eases people through life transitions. As a member of the clinical team, Chaplains provide thoughtful, spiritual care to people from all walks of life.

### **Spiritual Services Include:**

- Chaplain supported spiritual guidance and prayer
- Prayer and devotional gatherings
- Comfort and support for grieving families
- Celebrations and singing programs
- Scripture Study
- Hospital Visitation
- Worship Services

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For More Information Please Call:  
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# *Spiritual Care*



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## What Is Spiritual Care?

Everyone has spiritual needs. Some people have religious needs. Spiritual care is designed to help residents, family members, and staff address both of these needs. Spiritual needs and concerns usually relate to what we call the “big” questions of life. These questions may include:

- Why is this happening to me?
- What does it all mean?
- How do I make sense of everything?
- How do I feel about changes in my life?
- What gives me comfort and hope?
- What do I consider the “good” and “bad” in my life?
- What am I grateful for?
- What do I trust?
- Who do I trust?
- Who is my “beloved community?”



## Spiritual Care Is Ministry

Chaplains minister to people in transition. They are students of religion and of life’s changes and understand how tough it can be to let go of trusted places and routines. Chaplains understand loss and they support residents, families, and staff as they move from the familiar to a new chapter in life in a healthy way.

The spiritual care provided by Chaplains is never intended to replace one’s church home. Yet it offers residents the chance to live their faith in a new setting. Similar to a pastor from one’s home church, Chaplains are available to share in each resident’s journey of faith and to provide spiritual guidance.

Chaplains invest in their own spiritual growth and development through the study of senior living, including social, psychological, cognitive and spiritual aspects of aging. Chaplains meet residents, regardless of where they are in their journey, with compassion and acceptance.



## When to Call the Chaplain?

Chaplains provide a variety of spiritual care services, including:

- Personal or family crisis support
- End of life care, assisting with advanced directives, legacy planning, and donations
- Listening without judgment
- Celebrating events and holidays
- Offering prayer, communion, and spiritual encouragement
- Providing guidance for those who lack faith, feel abandoned, question life, or seek hope and assurance
- Working with local faith communities to provide culturally competent care



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